

OBSTRUCTIVE SLEEP APNEA Order Set
Mercy – Fore River

CODE STATUS: <input type="checkbox"/> Full Code <input type="checkbox"/> Limitation of Treatment REFER TO BLUE SHEET IN FRONT OF CHART
--

OBSTRUCTIVE SLEEP APNEA ORDERS	Action
<ul style="list-style-type: none"> <input type="checkbox"/> Sedation sensitivity alert <input type="checkbox"/> Continuous pulse oximetry <input type="checkbox"/> Continuous cardiac telemetry <input type="checkbox"/> Patient may travel off oximetry/telemetry at nursing discretion <input type="checkbox"/> Rapid advancement to oral pain medications as possible <input type="checkbox"/> Elevate HOB 30 - 40 degrees <input type="checkbox"/> Initiate CPAP/BIPAP with patient's own machine in PACU as determined by anesthesia <input type="checkbox"/> Initiate CPAP/BIPAP with patient's known settings in PACU as determined by anesthesia <input type="checkbox"/> Assessment of ventilation, oxygenation, and level of alertness every hour for 12 hours and then every other hour. Patient does not need to be awakened if ventilation and oxygenation are adequate. <input type="checkbox"/> Initiate CPAP at 8 cm H₂O. Titrate to 14 cm H₂O as necessary to maintain O₂ saturation to 93% with adequate ventilation. <input type="checkbox"/> Advance to BIPAP as necessary for: <ul style="list-style-type: none"> ▪ Hypercarbia with pH ≤ 7.30 ▪ Clinical hypoventilation (i.e., RR ≤ 8 BPM) <input type="checkbox"/> BIPAP <ul style="list-style-type: none"> ▪ Initiate settings: IPAP 12 cm H₂O, EPAP 6 cm H₂O. Titrate O₂ to maintain a minimum saturation of 92% ▪ Respiratory Therapist may increase settings as needed within these ranges: <ul style="list-style-type: none"> IPAP: 12 – 20 cm EPAP: 6 – 10 cm Backup rate: 14 - 16 if patient's own rate is < 10 breaths/minute <input type="checkbox"/> ABG at initiation of NIPPV <input type="checkbox"/> ABG within 2 hours of initiation of NIPPV and/or at RT's discretion 	

Pul 12, 03/2010, rev. 12/2010

Physician Signature: _____

Date: _____ **Time:** _____


ORD.X.ORDERS