

MMC Total Knee Replacement Clinical Pathway

C. Cary 3/5/2015

At Home / Night Before admission

Tylenol 1000 mg po

Celebrex 200 mg po

Pregabalin 50 mg po

Pre-op

Oxycontin (Oxycodone SR) 0 -10 mg po

Celebrex 200 mg po

Acetaminophen 1000 mg po

Adductor canal block with clonidine

General Anesthesia (Spinal in selected cases)

Intra-op

Dexamethasone 10 mg

Tranexamic Acid 10 mg/Kg before tourniquet deflated (topical if high risk)

Ketamine 0.5mg/Kg bolus

Injection by orthopedic surgeon: Deep

Ropivacaine 0.5% 20cc

Epinephrine 1:200,000 (0.1cc 1:1000)

Morphine 8 mg

Postop

Acetaminophen 650 mg po q 6 hours

Celebrex 200 q day

Pregabalin 50 mg po BID x 3days

Dexamethasone 10 mg po POD#1

Oxycodone SR 10 mg po BID x 2 days

Oxycodone 5 mg 1-2 tabs po q 2hours prn

Dilaudid 2 mg po q 3 hrs prn

Morphine 2-4 mg IV q 2 hours prn

Dilaudid 0.2mg IV q1hr prn

Ketorolac 15 mg IV q8 prn x 2 doses